02/02/2024 POLITECNICO DI MILANO



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Awareness of mental health is growing among individuals, who are increasingly seeking help from professionals . The need for effective management of therapy sessions is crucial to optimize costs and enhance the effectiveness of the treatment .



Aurora is an **empathetic** and **personalized** Al that evolves with the user embedded in an *application*

Why should I download Aurora?

Customer Psychologist

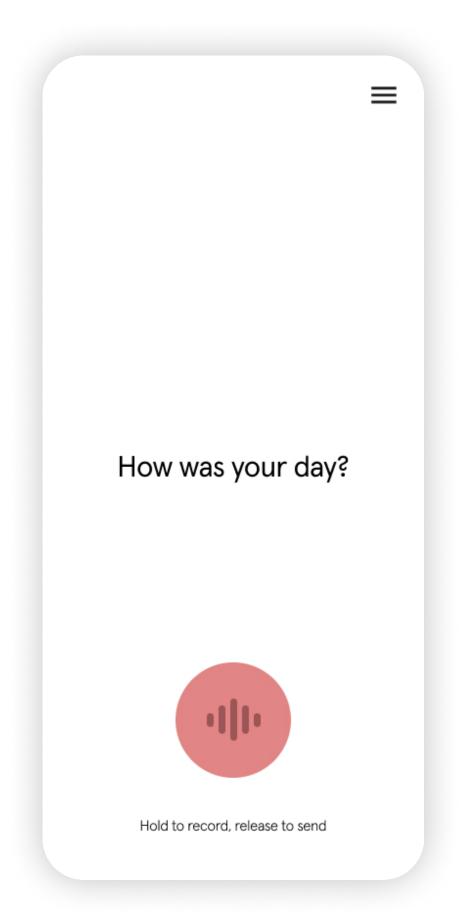
Always someone to talk to

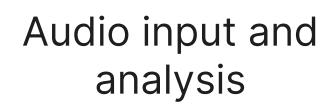
A moment for yourself in your everyday life

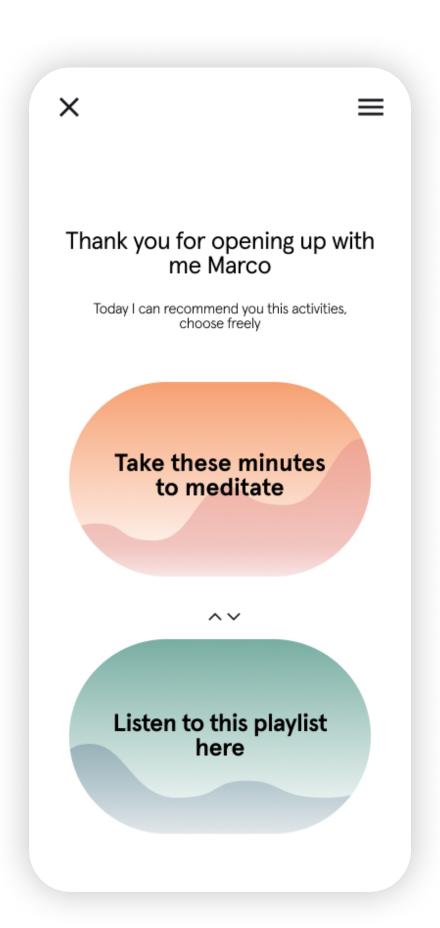
a psychological well-being tracking system

A tool to make your psychological sittings more efficient







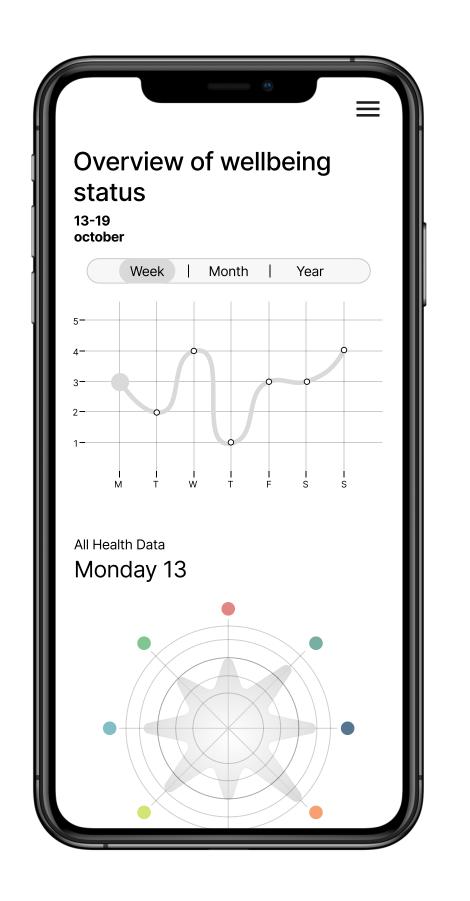


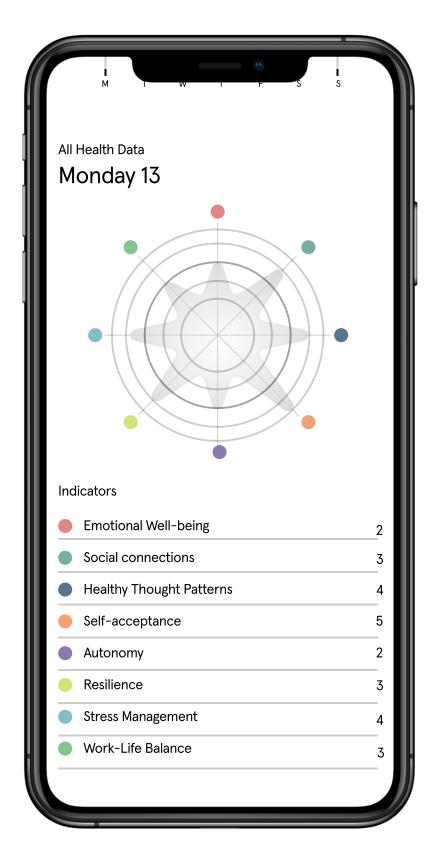
keep track of your emotional state 13-19 october Month Year Mon 13

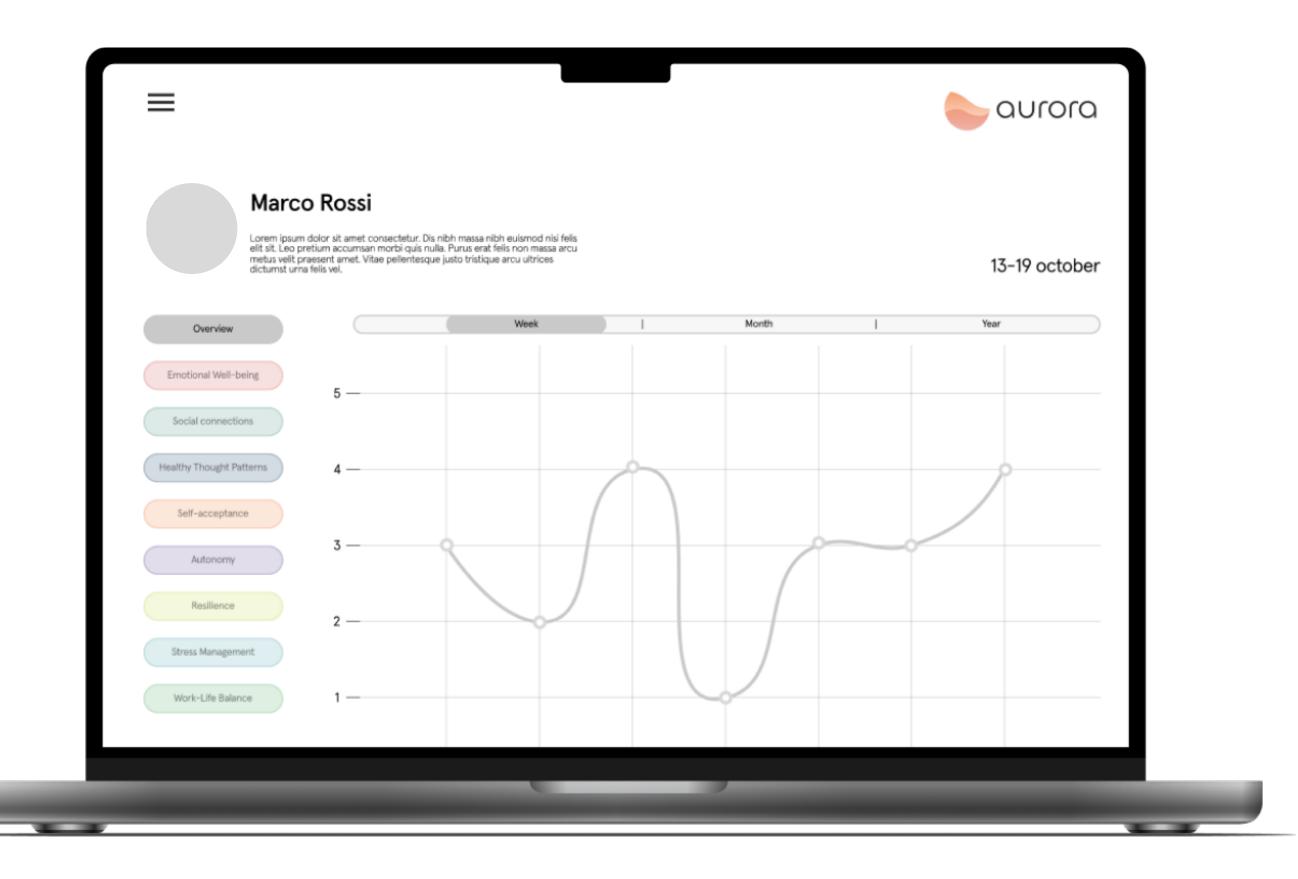
Activity proposition

Data review

A way to keep track of well-being







^{*}https://www.adultdevelopmentstudy.org/

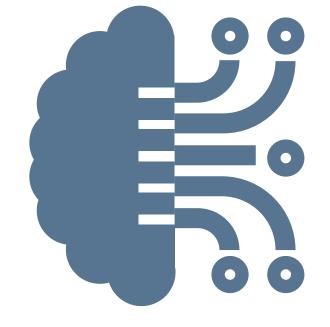
^{**}Waldinger, R., & Schulz, M. (2023). The Good Life: Lessons from the World's Longest Scientific Study of Happiness. Simon and Schuster.

Another Ai powered application?

Yes, but there's more

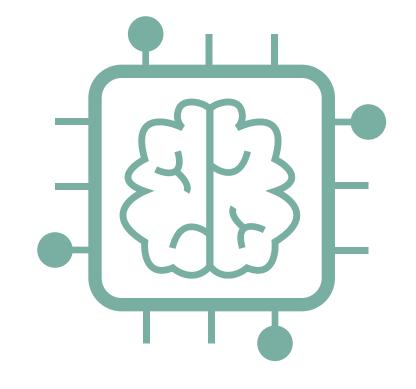
large language model

_parameters anaylis and evaluation



evolving knowledge base

_the more you use the application the better the outcomes will be



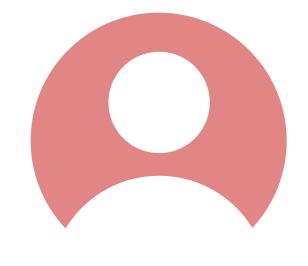
mood detection

_to empathetically interact with the user

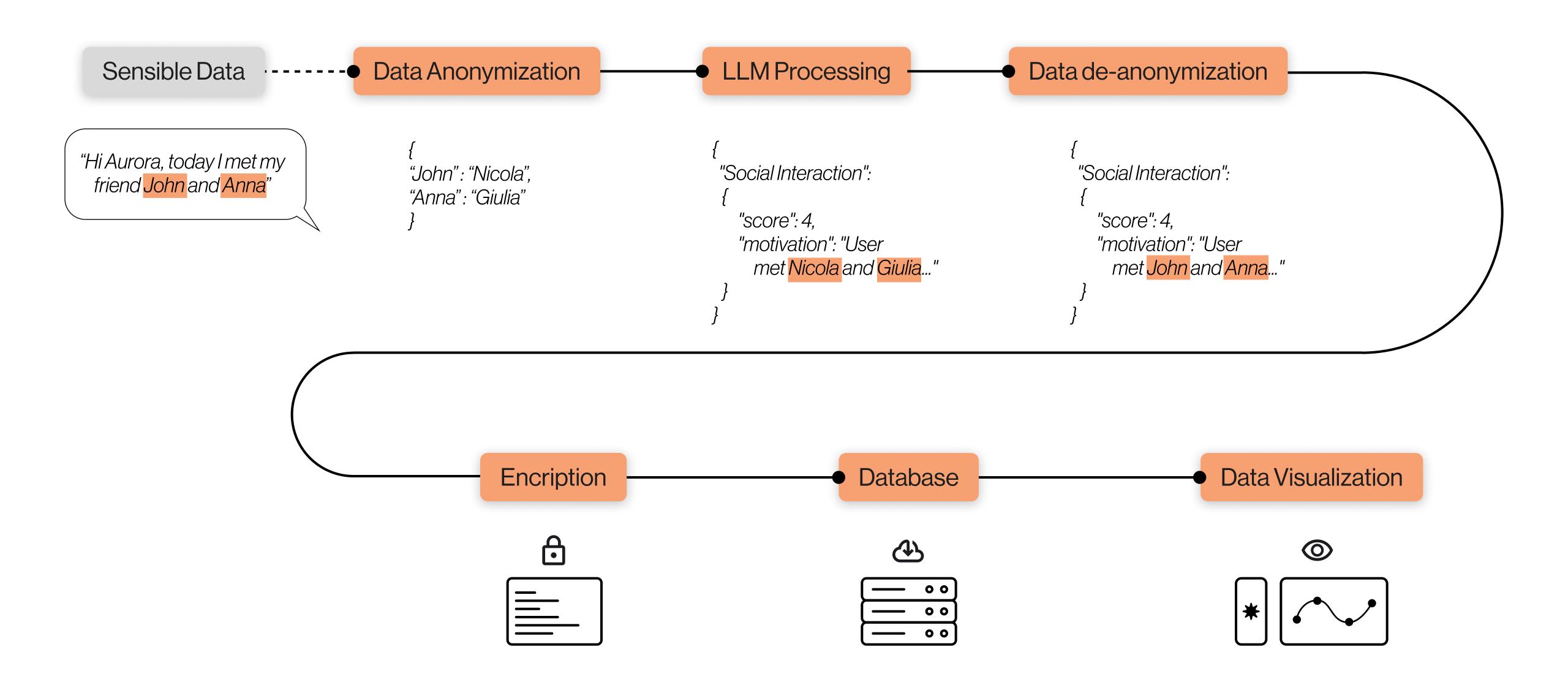


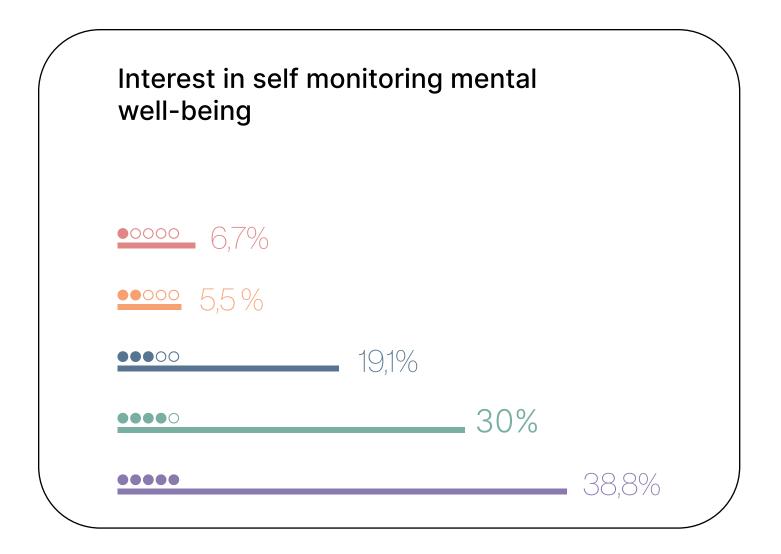
recommender system

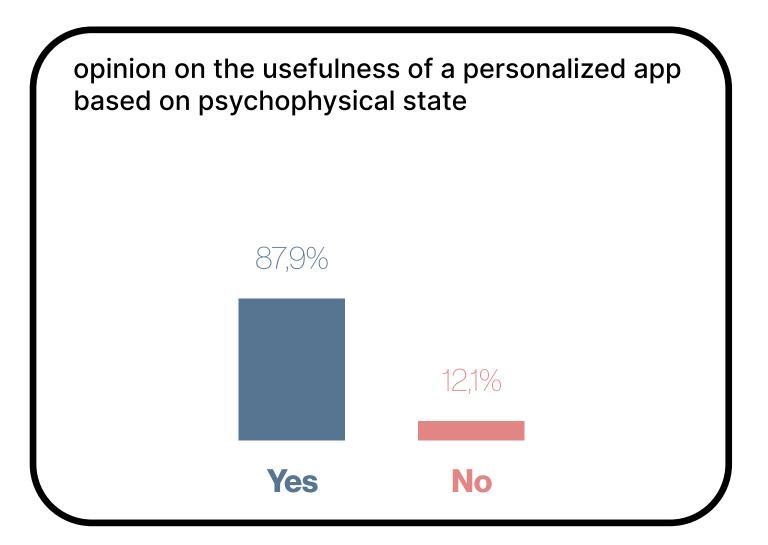
_personalized activities adapting to user needs

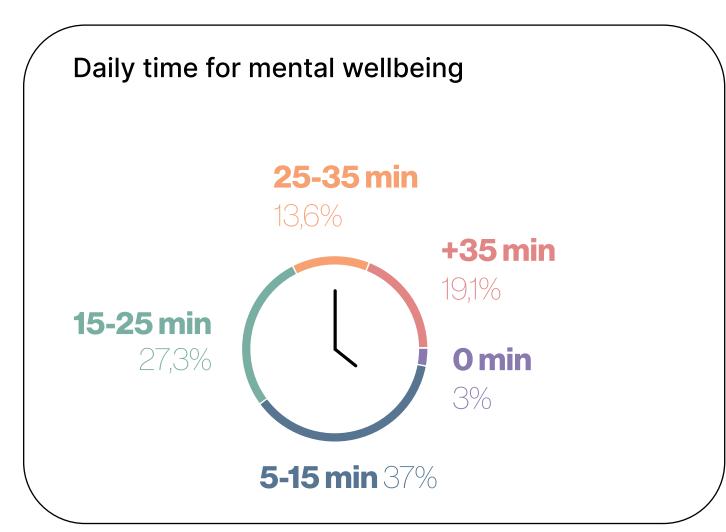


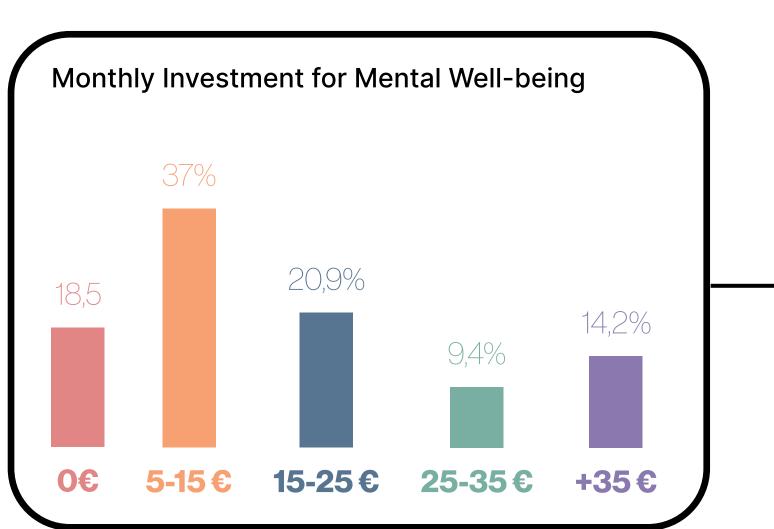
Privacy strategy

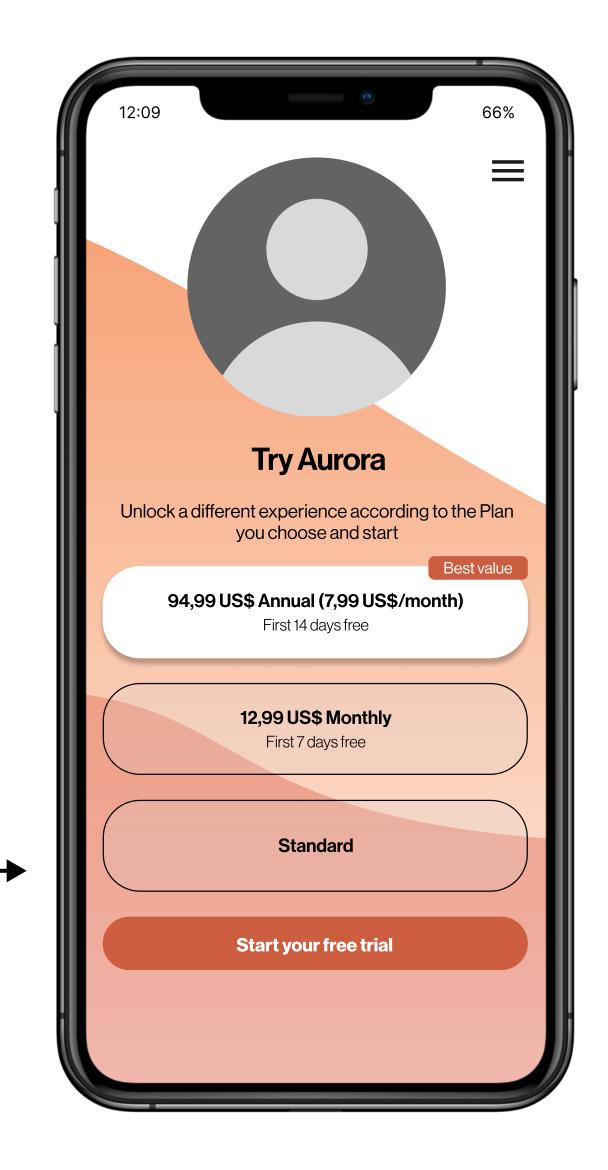














Thank you